

HUDSON SENIOR CENTER

SURVEY FOR THE NEW CENTER AND ACTIVITIES

This survey is to provide feedback to the New Senior Services Coordinator about programs and activities that could be offered in the new Center. Thank you for taking the time to fill out this survey! Your comments are invaluable and greatly appreciated! If multiple choices are offered please circle your personal choice.

Please note that this is just an idea of activities that could be offered.

YOUR AGE: Under 55 55-60 60-65 65-70 70-75 75-80 80-85 85-90 90-95 95-100 100+

HEALTH & EXCERCISE

- | | | |
|---|-----|----|
| Would you be interested in participating in Bone Builders (a type of exercise class)? | YES | NO |
| Would you like to see Aerobics continued to be offered? | YES | NO |
| Would you like to see a lower impact Aerobics class offered as well? | YES | NO |
| Would you like to see Line Dancing continue to be offered? | YES | NO |
| Would you be interested in participating in a beginner Line Dancing Class? | YES | NO |
| Would you like to see classes like Zumba Gold, Yoga or Tai Chi offered? | YES | NO |

PERSONAL HYGENE & MEDICAL CLINICS

- | | | |
|---|-----|----|
| Is the Toe Nail Clinic something you currently take advantage of? | YES | NO |
| Would you be interested in a Blood Pressure Clinic? | YES | NO |
| Would you be interested in a Blood Sugar Clinic? | YES | NO |
| Would you partake in an AARP Driving Course? | YES | NO |
| Would you be interested in a Weight Watchers type group? | YES | NO |

GAMES & FUN

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|--|-----|----|
| Would you use a Billiard Table if there was one available in the Center? | YES | NO |
| Would you use a gaming system such as Wii to participate in Bowling? | YES | NO |
| Would you sign up for a Billiard or Wii Bowling tournament at the Center? | YES | NO |
| Would you be interested in Mah Jong Games? | YES | NO |
| Would you join a Card Game or start your own if space was available? | YES | NO |
| Would you join us for Bingo? | YES | NO |
| Would you be interested in a Red Hat Society, Men's Group, or Ladies Social Group? | YES | NO |
| Do you currently take advantage of the Trips offered? | YES | NO |
| Would you be interested in other Trips, such as Local Day Trips? | YES | NO |

TRANSPORTATION & PARKING

- | | | |
|--|-----|----|
| Would you support the future purchase of a vehicle for Transportation and Day Trips? | YES | NO |
| Will you need Transportation Support getting to the New Center? | YES | NO |
| Would you be willing to Car Pool or Pick Up to bring someone to/from the New Center? | YES | NO |
| Will you be driving yourself and parking at the new Center? | YES | NO |

EDUCATION & LEARNING

- | | | |
|--|-----|----|
| Would you like to see Speakers and Presentations offered about various subjects? | YES | NO |
| Would you partake in Computer or Tablet Classes? | YES | NO |
| Would you partake in a Book Club? | YES | NO |
| Would you be in favor of having a book drop for the Rogers Memorial Library? | YES | NO |
| Would you like to see books to borrow from the library at the New Center? | YES | NO |

COMMUNITY ACTIVITIES

- | | | |
|---|-----|----|
| Would you be interested in being in the audience at Plays or Musical events in the Schools? | YES | NO |
| Would you be interested in Volunteering in the Schools in Hudson? | YES | NO |
| Would you be willing to volunteer in the New Center? | YES | NO |
| Would you support having a Thrift Store in the Center? | YES | NO |
| Would you be willing to volunteer at a potential Thrift Store? | YES | NO |

MEALS & HOLIDAY EVENTS

- | | | |
|--|-----|----|
| Would you be interested in attending Seasonal or Holiday events with a meal and dancing? | YES | NO |
| Do you currently take part in the Community Dining Program, Meals on Wheels, offered by St. Joes? | YES | NO |
| Will you use the Community Dining Service, Meals on Wheels, offered by St. Joes in the New Center? | YES | NO |
| Would you be interested in a Cookie Swap or Food Swap at the Center? | YES | NO |

COMMENTS & SUGGESTIONS:

OPTIONAL Name: _____ Phone or Email: _____

Please contact Lori with any other questions regarding the new Center lbowen@hudsonnh.gov or at 594-1155