

NOVEMBER 19TH AT 1PM

Stopping the

Diabetes Epidemic

Fifty percent of seniors over the age of 65 have Prediabetes or Diabetes and 90% don't even know it. Are you one of them? Come and learn what test to ask your doctor for and how the foods you eat may be contributing to your risk.

Presented at
The Hudson Senior Center
19 Kimball Hill Road
Hudson NH 03051

Presented by: Marie Hall, RN
Certified Diabetes Educator
Lions District 44H

Sponsored by the Hudson Lions Club