

happy fall Y' ALL

Let's Connect!



The Hudson Recreation Department Newsletter

Written by the Recreation Director

September 2022

# #RECCONNECT

## REC REVEALED

Meet your Rec Department!



Chrissy Peterson  
Recreation Director



Naomi Busnach  
Administrative Aide



Lori Bowen  
Senior Services Coordinator



Leo Bernard  
Custodial Services



Wayne Madeiros  
Town Maintenance

We are kicking fall off with our creative side!

The Recreation Department has collaborated with The Canvas Road Show again, to bring you a DIY Wood Workshop night right here in town.



DIY Wood Workshop

Saturday 10/1

6pm @ the Community Ctr

Come join us for a SIP and SIGN night where you pick your own sign to hammer, paint and personalize!

[CLICK HERE TO REGISTER](#)

Registration is required by 9/29.

[www.hudsonnh.gov/recreation](http://www.hudsonnh.gov/recreation)

so many options to choose from! Check out our site!



WHAT'S GOING ON...  
**NOW**

BREAKING NEWS  
BREAKING NEWS

BREAKING NEWS  
BREAKING NEWS

**REC BASKETBALL**

**REGISTRATION** →

*Now Open*

Registration will close on  
9/30—  
no exceptions. Please plan  
accordingly.

[Click here](#) to register!

See what leagues we offer and details on the next page!

**TRAVEL**

**REC**  
3<sup>rd</sup>-8<sup>th</sup>

**High**  
**School**  
9<sup>th</sup>-12<sup>th</sup>

**Instructional**  
1<sup>st</sup>-2<sup>nd</sup>

**Over 35+**



Check out the leagues we offer!

[CLICK  
HERE TO  
REGISTER](#)



## Instructional Basketball

- Offered to 1<sup>st</sup> and 2<sup>nd</sup> graders
- Basketball fundamentals taught in a fun and instructional atmosphere
- Combination practice/scrimmage takes place on Saturdays
- Season begins in December and ends in February



## High School League

- Offered to 9<sup>th</sup> – 12<sup>th</sup> graders in town only
- Athletes who play or are rostered on a school team are not eligible to play
- Teams are divided by senior team captains
- Takes place on Sunday afternoons beginning in December



## Recreation League

- Offered from 3<sup>rd</sup> grade to 8<sup>th</sup> grade
- Practices one night a week, and a game on Saturday
- Practices begin in November
- Games begin in December
- Season ends in February



## Over 35+ League

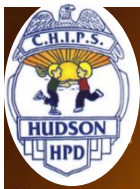
- Offered to adults over the age of 35
- Games are played Sunday mornings
- Mandatory for players to attend one of two drafts offered for team placement



## Travel Basketball

- Travel basketball is a league that athletes can try out for.
- Offered from 3<sup>rd</sup> grade to 8<sup>th</sup> grade
- Practices are 1 – 2 times a week
- **Must have an open schedule to participate**
- Season runs November - March
- Involves traveling to MA and NH locations
- Games begin in December
- Additional fees of a uniform and tournaments





# HUDSON'S 3<sup>RD</sup> ANNUAL COMMUNITY FRIGHT RIDE



Saturday, October 22<sup>nd</sup>

5:30pm – 9:00 pm

Hudson Speedway – 120 Old Derry Road, Hudson

## DRIVE THROUGH EVENT FEATURING:

Police Vehicles – Fire Vehicles- Goodie Bags

Treats- Trucks – Race Cars -  
Ghostbusters, and more!

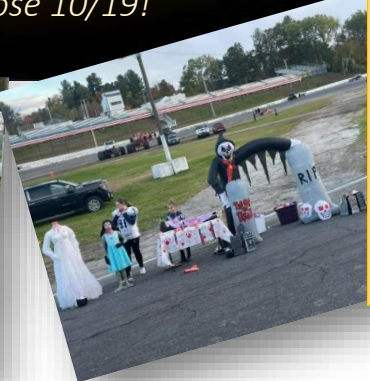
## Pre-registration IS REQUIRED

Reserve a specific time slot for attendance on the website at,  
[www.hudsonnh.gov/recreation](http://www.hudsonnh.gov/recreation)

Or “[click here](#)” to register!

*Registration is limited and will close 10/19!*

We are so excited to team up with CHIPS, HPD, Rodgers Memorial Library, & the Hudson Speedway, to jointly bring Hudson a fun fall event!



**SAVE THE DATE**



LIFE  
IS  
better  
WHEN YOU'RE  
LAUGHING

**COMEDY  
NIGHT**



**Saturday, November 12th**



Tickets go on sale on October 10<sup>th</sup> and are expected to fill fast! If you have eight people, you can reserve a table.  
[www.hudsonnh.gov/recreation](http://www.hudsonnh.gov/recreation)

[CLICK HERE TO REGISTER](#)

# Pumpkin Carving & Decorating Contest

October 1st- October 27th



You pick the contest, Carving or Decorating!



**JOIN** *the* **FUN**

**PUMPKIN CARVING  
CONTEST**



Email photo submissions to Chrissy @ [cpeterson@hudsonnh.gov](mailto:cpeterson@hudsonnh.gov)



# NORTH NEWS



## NEWS FROM THE HUDSON RECREATION DEPARTMENT'S SENIOR CENTER

# What's Happening



### SPECIAL EVENTS!

**Fall Cookout!**  
October 4

**Red Sox Day!**  
October 5

**Patriots Days!**  
October 24  
November 24  
December 1  
December 12

### HALLOWEEN FUN!

All October we are having fun events to celebrate this Spooky time of year! Dress up and stop by to be entered in our Halloween Costume Contest!

#### MONDAY

8:00am Center Opens  
8:15am Morning Coffee  
9:00am Tech Help \*  
9:00am Scat  
9:00am Mexican Train Dominoes  
9:30am Aerobics \$5  
10:45am Strength & Balance \$5  
12:00pm Lunch Time!  
1:00pm Ping Pong  
1:00pm Corn Hole  
1:00pm Mah Jongg  
1:00pm Mah Jongg Lessons \$20  
1:30pm Watercolor Class \$10  
4:00pm Center Closes

#### TUESDAY

8:00am Center Opens  
8:15am Coffee Club  
9:00am Whist  
9:30am Walking Group  
10:00am Hearing Help \*  
10:00am North Barn Presents  
12:00pm Lunch Time!  
1:00pm Canasta  
1:00pm Cribbage  
1:00pm 45s  
1:00pm 66  
1:00pm Cross Cribb  
1:00pm Bocce Ball  
2:00pm Brains & Balance \$5  
4:00pm Center Closes

#### WEDNESDAY

8:00am Center Opens  
8:15am Morning Coffee  
9:00am Silver Knitters  
9:00am Pay Me Card Game  
9:00am Wednesday Activity  
12:00pm Lunch Time!  
1:00pm Scrabble  
1:00pm Rummikub  
1:00pm Checkers  
1:00pm Chess  
1:00pm Papas Penny Game  
1:00pm Play Board Games!  
1:00pm 5 Crowns  
1:00pm Poker  
1:15pm Bingo-monthly

#### THURSDAY

8:00am Center Opens  
8:15am Morning Coffee  
9:00am Bridge  
9:00am Line Dancing - Beginners \$5  
9:30am Walking Group  
10:30am Line Dancing – Intermediate  
12:00pm Lunch Time!  
1:00pm Aerobics \$5  
1:00pm Pinochle  
1:00pm Bocce Ball  
2:15pm Strength & Balance \$5  
4:00pm Center Closes

#### OCTOBER 4, 2022 HUDSON VOTING INFORMATION

For all of our Hudson Residents we will be going over the changes in the voting process. Including routes and system changes. Please join us at 10am in the Function Room

#### FRIDAY

8:00am Center Opens  
8:15am Morning Coffee  
9:30am Mindful Movement  
12:00pm Lunch Time!  
1:00pm Mexican Train Dominoes  
1:00pm Hand n Foot  
1:00pm Movie Afternoon –  
1:00pm Mah Jongg  
1:00pm Cribbage  
4:00pm Center Closes

**BRAND NEW**

# MY LITTLE YOGI AND I

Yoga Classes for children ages 3- 5 and a Parent

With Yoga Instructor Rachele Foust

**SESSION DATES**

10/18, 10/25, 11/1, 11/15

**CLASS TIME**

11:00am

**LOCATION**

Hudson Recreation Department  
12 Lions Ave  
Hudson, NH 03051

**PROGRAM FEE**

\$15 per class for the adult and child couple

**HOW TO REGISTER**

Log onto our website at

[www.hudsonnh.gov/recreation](http://www.hudsonnh.gov/recreation)

Preregistration Required.

Payment can be paid in cash the day of the class.

**WHAT TO BRING**

a mat, water bottle, and small beanie stuffed animal



If receiving this flyer through email, [CLICK HERE](#) to register.

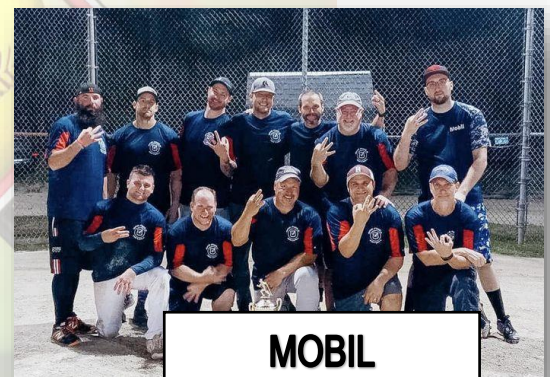


Congratulations to our both our Men's & Women's League 2022

# CHAMPIONS



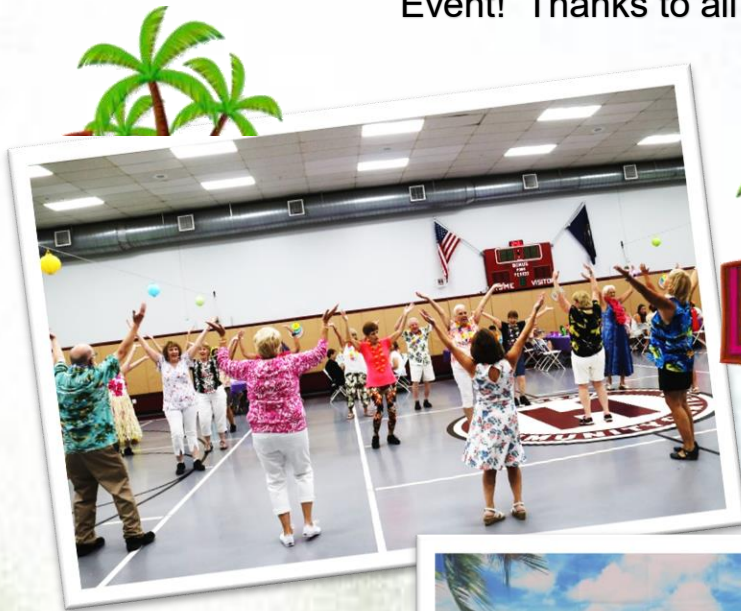
Shout out to our softball coordinators David Forman & Cindy Holton for an awesome season!



# What's Been Happening...



We had so much fun dancing the day away during our Senior Luau Event! Thanks to all who attended!



LUAU



[Click here](#) to view more details on our Senior Center programs and activities.



# FALL

# SOCCER



Our fall soccer signups begin online annually in May and end on July 1<sup>st</sup>. The program starts at the young age of three, and concludes in 8<sup>th</sup> grade. [Click here](#) to see our soccer page for more details, or check out our website.

## SOMETHING NEW



The Hudson Recreation Department in partnership with

Special Olympics



Presents for the 1<sup>st</sup> time...



# Unified Soccer



This Recreation Department sponsored program is at no cost to parents, and geared towards grades kindergarten through 2<sup>nd</sup> grade. Our program joins athletes with and without intellectual disabilities on the same team.

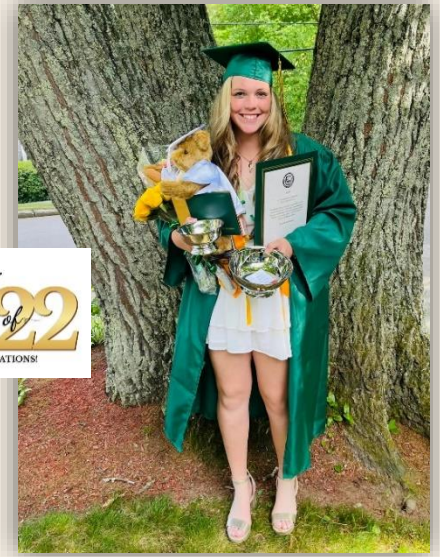


## Senior Center Waffle Breakfast

We had a great time making breakfast for our members!



## Hudson Recreation Department's Annual Scholarship



Congratulations to the recipients of the 2022, \$1000 Recreation Department Scholarships, Madelynn Bowen and Mia Francisco!

These two amazing graduates wrote inspiring essays on how the Recreation Department has influenced their lives.

Class of 2022



In May, we kicked off a new trial Flag Football program that was geared towards 9<sup>th</sup>-12<sup>th</sup> grade athletes.

The program was an instant success with over 60 students registered, resulting in five teams that the senior students were the captains of.

Games were played on Sunday mornings at Hudson Memorial Middle School.



# SUMMER PROGRAM

Made its return in 2022!



Every Summer has a story

When the school doors close for the summer, our doors open to offer the community an eight-week Summer Program, for children aged six through fourteen.

Our program provides a safe and fun environment, for children to develop social and decision making skills, while creating memories that last a lifetime.

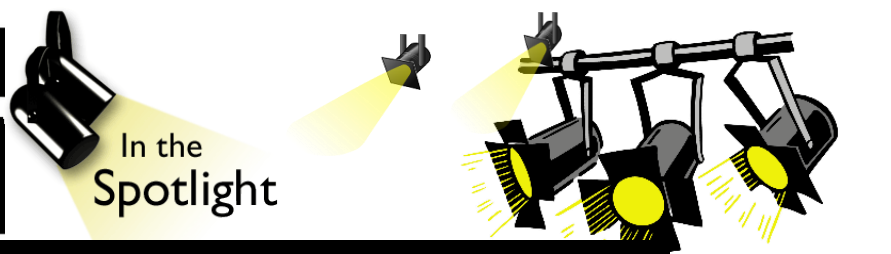
Due to the Covid-19 Pandemic, we were unable to offer the community our seasonal program for two consecutive years. During that time, we placed a great deal of focus on ways to improve the summer program as well as coming up with new ideas, events and programs to implement.

This past summer we were excited to reopen the Community Center doors and welcome the young residents back into our program.

We kicked off with a staff that was 95% brand new, a new interior design, new policies and procedures, new field trips, and so much more.



# IN THE SPOTLIGHT



In the Spotlight

We at the Recreation Department, feel very lucky and grateful to work for a municipality where numerous departments consistently help one another out. The help we receive is never self-serving but rather always around the shared goal of what is good for the community.

THANK YOU!

Special thanks goes to the Department of Public Works for assisting us every time we call. DPW did an amazing job maintaining our softball fields this year. We appreciate their hard work and constant efforts to improve our fields while working within a default budget



Thank you to the Hudson Fire Department for their willingness to train and CPR certify our summer counselors over the summer. We appreciate you coming off site and conducting the training at the Community Center.

I would also like to thank the HFD for allowing a group of our summer participants to attend a local adventure field trip to the central station. The kids loved learning about the vehicles and equipment. Moreover, we cannot forget to thank them for coming to the program to hose down the participants during the heatwave!

Thank you to the crew at HCTV who are constant supporters of what we provide the community and are always willing and eager to help get the word out for us about our programs and event. We would be lost without them





# In the Spotlight

## Hudson Police Department

Last but certainly not least, we send the **Hudson Police Department** an enormous thank you for the unbelievable yet extremely appreciated support they provided us with this past summer. From Officer Jason Downey and Haven coming onsite to provide our staff with Active Shooter and Emergency Training, to hand delivering ice cream to our participants on the final day of the program, and everything in between. **Actually, let us talk about the in between!**

The Hudson Police Employee Association (HPEA) was generous enough to make a \$3,100 donation to our summer program this past summer. We acted fast and planned a field trip to Chunky's with the donated funds, which covered the fee of transportation, a movie, lunch and dessert. Over 200 participants and staff members attended the HPD sponsored field trip in late August and had an amazing time.



CHIPS, (Children of Hudson Interacting with Police Services), sent the Kona Ice Truck to our program to surprise all of the participants and staff members with a complimentary shaved ice cup treat. Our participants were over the moon with excitement. This was such a fun surprise for the kids, one that truly made their day. Thank you to everyone at CHIPS and HPD!



Thank you!



Stay tuned for more announcements on programs and events coming this fall and this winter, including a teen dance, a youth canvas paint night, Santa Sleigh Ride through Hudson, and more!

**Facebook -**

LIKE US @ Town of Hudson Recreation Department  
*and never miss an announcement!*

**Instagram -**

FOLLOW us @hudsonnhrecreation



**Hudson Recreation Department**

12 Lions Ave  
Hudson, NH 03051  
603-880-1600  
[www.hudsonnh.gov/recreation](http://www.hudsonnh.gov/recreation)



Questions or concerns,  
Feel free to contact me,

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