



MEALS on WHEELS
HILLSBOROUGH COUNTY

MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2) Stuffed Manicotti Salad w/Balsamic Vinaigrette Wheat Roll Milk and Fruit	3) Beef Pot Pie Salad w/Balsamic Vinaigrette Dinner Roll Vanilla Ice Cream and Cinnamon Apples	4) Rosemary Lemon Chicken Wild Rice Sauteed Spinach and Tomatoes Yogurt and Fruit	5)	
9) Soup & Sandwich Egg Salad w/Lettuce & Tomato Chicken & Rice Soup Milk and Fruit	10) Shepherd's Pie Wheat Roll Vanilla Ice Cream and Berries	11) Vegetable Quiche Home Fries Yogurt and Fruit	12)	
16) Pasta Primavera Wheat Roll Fruit and Milk	17) Pineapple Chicken Roasted Veggies w/Feta Brown Rice Vanilla Ice Cream and fruit compote	18) Beef and Vegetable Soup Salad w/Hardboiled Egg & Balsamic Yogurt w/Granola & Berries	19)	
23) Chicken Broccoli Cheddar Soup Wheat Toast Fruit and Milk	24) Cheeseburger Lettuce, Tomato, Onion & Pickle Baked Sweet Potato Vanilla Ice Cream and Cinnamon Apples	25) Baked Ziti Salad w/Balsamic Vinaigrette Yogurt and Fruit	26)	
30) "Corned" Beef and Cabbage Salad w/Balsamic Fruit and Milk	31) Harvest Chicken Sweet Potato Bowl Wheat Roll Vanilla Ice Cream and Berry Crumble	4/1) Italian Sausage Linguine Roasted Broccoli Yogurt and Fruit	4/2)	